



# PROVIDER PRODUCT OF THE MONTH

---

## OBAGI VITAMIN C SERUM

### What does it do?

Vitamin C serum (l-ascorbic acid) is a powerful antioxidant. Antioxidants fight free radicals found in pollution, ultraviolet lights. Free radicals can damage the skin causing premature aging, fine lines and wrinkles and dark spots. Using an antioxidant can aid in regeneration of cells to fight skin aging.

### When should it be used?

Vitamin C serums should be applied to your skin in the morning. Use a gentle cleanser to wash face, apply vitamin c serum and then apply sunscreen for best results.

# OBAGI VITAMIN C SERUM

## Other Facts:

Topical vitamin C can be unstable and can break down in the presence of air, heat, light. Serums are also preferred because they can deliver a higher concentration to the skin that is absorbed quickly which can decrease the amount of vitamin c breakdown. They are usually made in dark bottles to also preserve the product and protect from light. You should also look for l-ascorbic acid as the ingredient in vitamin C serums.

Obagi was rated 2021's "5 Best" in Vitamin C serums by [skincarebrandreviews.com](http://skincarebrandreviews.com)