



# PROVIDER PRODUCT OF THE MONTH

## TRETINOIN COMPOUND

### What is it?

Tretinoin is a potent derivative of vitamin A used to treat acne, sun damaged skin, and fine wrinkles. Tretinoin works by speeding up the life cycle of skin cells, encouraging cellular turnover, and boosting your skins ability to replenish collagen. It's stronger than the over the counter vitamin A derivative, retinol, and requires a prescription.

### Who should use it?

Anyone looking to clear up and prevent acne breakouts, reduce hyperpigmentation, reverse signs of skin aging related to sun damage, or reduce the appearance of fine lines should consider our tretinoin compound cream. There are three different strengths, so make sure to speak to one of our providers regarding which strength would be best for you.

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### How is it used?

Tretinoin cream is used as a part of your nighttime skin care regimen. After washing your face, followed by a moisturizer. It is common for tretinoin to be irritating at first, so we recommend starting slow and increasing use gradually. Tretinoin can increase your skin's sensitivity to the sun, so it is recommended to use sunscreen daily.

### What to know?

It can take a while for tretinoin cream to reach its full effect (sometimes 2-3 months), so consistency is key. It is generally not considered safe to use during pregnancy, so if you are currently pregnant or considering becoming pregnant make sure your provider knows before prescribing tretinoin for you.

### Why NAD's Tretinoin compound?

Our tretinoin is compounded with hyaluronic acid and niacinamide, which helps to add hydration as well as reduce inflammation that commonly occurs with retinoids.